

CenterPiece

A newsletter of the Center for Psychology and Social Change • An affiliate of Harvard Medical School at The Cambridge Hospital



No Place Like Home:

Bioregionalism and the Psychology of Place

From literature, where Dorothy sought a way back to Kansas from the land of Oz, to politics, where pundits and pollsters note variations in voting patterns from region to region, people intuitively have recognized the importance of place in people's hearts and their behavior. Yet while academics continue to conduct extensive research to understand the connection between people and place, precious little work is done to integrate their important findings. The Center for Psychology and Social Change is undertaking a major effort to define an integrated area of study on "the psychology of place." This project comes in response to an expressed and growing desire on the part of communities across the country to have and use this knowledge to help them guide their own futures.

What is needed is a lucid and centralized body of work on the psychology of place that can help people and communities clarify their own place-related values

A psychology of place draws on existing knowledge from several disciplines and uses a psychological perspective as a lens through which to examine the social, cultural, economic, and ecological dimensions that tie individuals and communities to the locales they inhabit. An anthropologist has shown how stories that focus on specific places function to keep the moral fabric of a Western Apache tribe intact and transmit values from generation to generation; philosophers have developed frameworks describing

(continued on page 6)

DANA MEADOWS TO RECEIVE CENTER'S ANNUAL RECOGNITION AWARD

This fall the Center will honor Dr. Donella "Dana" Meadows for her engaging intellect and untiring efforts to bring hard and soft sciences together, along with heads and hearts, in furtherance of a psychology of sustainability. The Ninth Annual Recognition Award will be given on November 17, 1994.

Dana is one of this year's recipients of a MacArthur "genius" grant and co-author of the controversial, groundbreaking work *Limits to Growth* and its sequel *Beyond the Limits*. As a systems analyst, journalist, international speaker, and adjunct professor of Environmental Studies at Dartmouth, she explores both the technology and psychology of the industrial world's destructive relationship with nature and offers an alternate vision of a functional, sustainable world. She holds a Ph.D. in biophysics from Harvard.

If you are interested in being part of the hosting committee, being listed on the invitation, and enjoying a private dinner with Dana, the Center board, and the other members of the host committee, please contact Vivienne. If you enjoy working on events and would like to volunteer in exchange for a ticket please call Mary Ellen, (617) 497-1553.



Desperately Seeking Computer!

The Center is in need of a computer to assist with research, word processing, and communication on the Internet. Computer donations are one way you can make a tax-deductible contribution that enables us to do the work we do best – communicate the social change of psychology and the psychology of social change.

Oh, and by the way we could use a new phone system, too...

If you've had a hard time getting through to us we apologize; our phone system is getting old and weary. If you would like to donate or help finance new office phone equipment or computers, please call Heather, (617) 497-1553.

June 1994

Musings* from Betty Case

Betty Case is the Chairperson of the Center's Program Committee and a member of the ecopsychology roundtable. She is a psychotherapist and is currently writing her dissertation on the cognitive aspects of an ecological world view.

The Center's growing ecopsychology program includes a number of endeavors that bring together the methods and understandings of ecology with those of psychology. The marriage of these two fields is giving rise to a deeper understanding of our relationship to the nonhuman world and places mutually enhancing human-Earth relationships at the center of an evolving, new psychology. A recent work by Ernest Rossi, *The Psychobiology of Mind-Body Healing*, deserves exploration. He offers an interesting and compelling theoretical perspective which may provide one of the underpinnings for this developing field.

Rossi proposes that information theory offers a central concept and connecting link between all the sciences, the humanities, and the range of clinical practices. "All forms of organization on the psychological, physical, and biological levels actually are expressions of information and its transformations." The atoms in a stone; the genes in all living cells; the changing of patterns of human, family, and governmental relationships, are all forms of organization in transition. The laws of biology, psychology, and cultural anthropology are all descriptions of differing levels of information transduction,

information theory offers perspective

that is the transformation of energy, matter, or information from one form to another. Information theory is thus capable of unifying psychological, biological, physical, and social phenomena into a single conceptual framework.

Ecophilosopher Warwick Fox, in his presentation at the Center this spring, referred to three forms of identification: personally based, cosmologically based, and ontologically based. To identify personally involves individual, shared experience. To identify cosmologically involves relating to HOW things are. To identify ontologically involves recognition of the fact THAT things are. Fox spoke of this last process, the awareness and wonderment THAT anything exists at all, as "mind-blowing."

In Fox's terms, Rossi's observation is on the level of cosmology, or HOW things are. And for those of us toiling to discover ways to transcend the often dualistic theories of traditional psychology which separate mind/body, human/nonhuman, individual/social, the possibilities offered by such integrative theory are exciting. Sometimes the contemplation of HOW things are inspires as much awe as the appreciation THAT things are.

**Musings* is a column dedicated to the exploration of current thinking. The Muses, from Greek mythology, were the nine daughters of Zeus and Mnemosyne, each of whom presided over a different art or science. A muse is a guiding spirit and a source of inspiration.



John Mack on Book Tour

John Mack, director of the Center project The Program for Extraordinary Experience Research (PEER), has recently completed a four-week tour of the United States and Great Britain to promote his book *Abduction: Human Encounters with Aliens*. Radio, television, and print media have expressed intrigue, openness, skepticism, perplexity, praise, and possibility in their coverage of the abduction phenomenon:

"Dr. Mack invites us to dismantle our conventional notions of subjectivity and objectivity, of the real and imaginary." James Gordon, *The New York Times Book Review*

"Two major elements separate *Abduction* from the aliens-among-us nonfiction pack. First is the lack of sensationalism in Mack's presentation. Initially a skeptic, he charts his own growing belief in the phenomenon, becoming convinced by the sincerity of his patients and their apparent absence of pathology.

Abduction also stands out in its exploration of the metaphysical aspects of abduction. Again and again, the abductees claim that the aliens are intensely concerned about the ecological collapse of our planet and that what's required to prevent or survive it is a fundamental shift in human consciousness and spirituality." Michael Berry, *San Francisco Chronicle*

"The book is disturbing at first and threatening to our consensus reality and need for control. And Mack has everything going for him: obviously more hip than his impoverished critics, and credentialed to the gills. The debunkers can't hide the fact that *Abduction* is not only the book of the season, but also a transcendent, landmark work that is finally less about alien phenomena than about realms of spiritual emergence, where our true freedom lies as human beings." Steve Dykes, *The Boston Herald*

To order a signed copy of *Abduction* see insert page "Materials Available."

TELEVISION
 Good Morning America
 CBS News
 Dateline
 Oprah
 48 Hours
 Larry King Live
 Crossfire
 Encounters
 Chronicle
 Equal Time
 National Geographic

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 The Washington Post
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 Chicago Tribune
 St. Louis Dispatch
 Publisher's Weekly
 The Boston Herald
 Sacramento News
 The Detroit News
 Seattle Times
 The Boston Globe
 Esquire
 Time
 Boston Magazine
 Omni Magazine
 Psychology Today
 ReVision
 Discover
 Body, Mind, Spirit

WELCOME HEATHER!



The Center is delighted to welcome Heather Simpson to the staff as our new Office Manager Extraordinaire. Since joining the Center in March she has demonstrated an awesome capacity to handle the many diverse facets of the job. Her time is divided between maintaining the membership program, overseeing publicity for public education events, supervising work-study students,

answering requests for information, keeping the systems and machinery running smoothly, assisting the director with a variety of special projects, and in general being an upbeat and peaceful presence in the office. If you've called the office recently, it was probably Heather's warm, welcoming voice that greeted you on the other end.

Heather has a master's degree in peace studies from Lancaster University in England, where she wrote her thesis on rape as a weapon of war, specifically related to the war in the former Yugoslavia. Prior to her graduate studies she worked on the staff of Women Against Military Madness in Minnesota. She also spent eight months in Moscow setting up an electronic mail system to connect environmentalists in the former Soviet Union with their colleagues around the world.

"It's amazing how the experiences and organizations I've worked with have so appropriately prepared me to work at the Center," says Heather. "It's great to be here!" We quite agree — it's really great having her on the team!

Congratulations to the Ecopsychology Graduate Award Recipients!

We were delighted with the breadth of interests of the three recipients — a reminder of how sweeping the field of ecopsychology is. Yaakov Garb is a doctoral candidate with the Science, Technology, and Society program at MIT. He brings an interdisciplinary approach to the emerging field of psychology of place (see cover story) and is investigating the psychological dimensions of environmental action and inaction.

Catherine Roach is a doctoral candidate in the Study of Religion at Harvard where she is helping to develop ecological theology. She is exploring "aggression and Mother Earth," a theological, feminist, and psychoanalytical interpretation of environmental abuse.

D. Taylor Watts, a performing artist for many years, is an alumnus of the Center's ecopsychology course and has just begun working on her master's degree in counseling at Lesley College, specializing in expressive therapy, and developing "methods attuned to the cross-cultural continuities of healing through the arts."

Yaakov, Catherine, and Taylor will make a presentation to the Center community this fall. Congratulations to the winners for their excellent work and we wish them all great success!

Adventure, Social Change, and Community

Eleven adults huddled together on a plank of wood approximately 3 feet by 2 feet, hanging tightly onto each other to prevent anyone from falling off. They laughed and hollered as the last of the team, the largest of the group, swung toward them on a rope. As soon as he landed safely, three choruses of "Row, Row, Row Your Boat" rang out loudly.

Though this may not seem to have much to do with psychology and social change, the attendees will apply the day's learnings to that challenge. This scene took place June 10 at a daylong leadership team-building outing of Center board members, staff, committee members, and project directors.

Under the direction of Joe Noonan, of Next Step Adventures, the group spent a fascinating, challenging, fun day at the beautiful Essex Conference Center on the North Shore of Boston, learning about

their strengths and weaknesses through the direct experience of facing tasks together in nature.



Teamwork at its best: creating balance and support

resources held by the group left everyone excited and eager to bring the present learnings back into the greater Center community, and to continue the process of leadership team development.

THE IMPACT OF WAR

Caring for the Caretakers

"Most did not realize that those working with war victims experience the same traumatic effects of nightmares, irritability, relationship difficulties, and numbness, as those experiencing primary trauma."

Helping service providers deal with the extraordinary stresses and traumas they experience during wartime is the work of a joint project of the Center for Psychology and Social Change and the Antiwar Campaign in Zagreb entitled, *The Impact of War on Service Providers*.

The project is carrying out its mission through the development and presentation of training programs and ongoing research. The project's goals include identifying the impact of war on service providers, determining strategies to manage that impact, developing action plans to alleviate secondary traumatic stress and burnout, and designing culturally appropriate training programs which can be conducted throughout the region by local trainers.

Secondary Trauma

This past March, under an Umbrella Grant from the International Rescue Committee, project director Nancy Roof, her assistant Elizabeth Rovere, and a team of trainers ran a series of workshops in Croatia and Bosnia for service providers representing local agencies and organizations. In addition to Nancy and Elizabeth, the training team consisted of Holly Aldrich and Janet Yassen of the Victims of Violence Program at The Cambridge Hospital, and James Lavelle, training director at the Harvard Program in Refugee Trauma.

In total there were seventy-eight service providers from fifty humanitarian organizations who participated and were committed to sharing the training with their organizations. Attendees, who work with Bosnian refugees and other displaced people, included medical doctors, psychiatrists, psychologists, social workers, volunteers, human rights workers, United Nations personnel, and peace group activists.

"Many participants were introduced to the concept of secondary trauma for the first time. Most did not realize that those working with war victims experience the same traumatic effects of nightmares, irritability, relationship difficulties, and numbness, as those experiencing primary trauma," Nancy reported. One workshop participant noted, "I have never really

thought about what I have lived through... that it would have such an impact on my psyche." "We should have learned about managing secondary traumatic stress two years ago," commented another participant, echoing the sentiments of others in the group.

Future Trainings

Additional trainings are being conducted this month to address the needs of specific regions. Nancy and Elizabeth will be working with three training

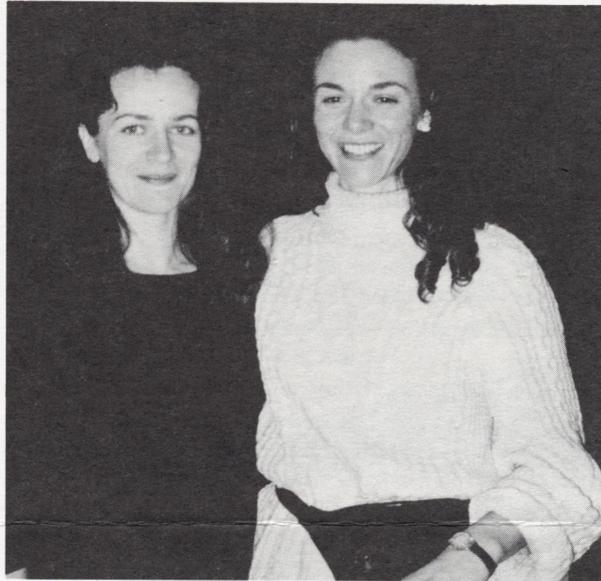
teams of Croatian and Bosnian professionals to lead the programs. In the town of Split they will work with doctors from the Rijeka Hospital on the issue of "ventilating stored up emotions." This region has been affected by the extraordinary flood of refugees from Mostar and Sarajevo. "Many of these participants will be primary trauma survivors," Nancy explained.

Another workshop will be held in Osijek, the site of major destruction

from the beginning of the war. The focus of the training will be to design a workshop for those involved with major rehabilitation projects. In particular they will be working with process issues that service providers encounter, including conflicts between local residents and refugees, and between service providers of different ethnic backgrounds.

In Zagreb, where the least physical war damage has occurred, the workshop will consist of psychology and social work professors from the University of Zagreb. The group will be updating studies on secondary traumatic stress and providing attendees and the university library with relevant articles.

The final phase of the project will synthesize what has been learned over the past six months into a manual for service providers on secondary traumatic stress and burnout, and will be based on the workshop models which have been developed. A second, much larger, follow-up grant application is now pending to use the current training programs as a prototype for other training programs in the region.



Vesna Pupovac and Elizabeth Rovere. Vesna is co-director and founder of Suncokret, a grassroots, humanitarian organization working with refugees in Croatia and Bosnia.

F E A R

It motivates, paralyzes, catalyzes, transforms, and frequently controls the very way we go about our lives.

It shows up in our dreams, is explicitly dramatized in the media, is covertly played out in the political arena, is the subject of many a therapy session, and is part of the fascinating work of Robert Bosnak. A Jungian psychoanalyst, a lawyer trained in criminology, an expert on dream work, the author of several books, and an organizer of international conferences, he is also the newest board member of the Center!

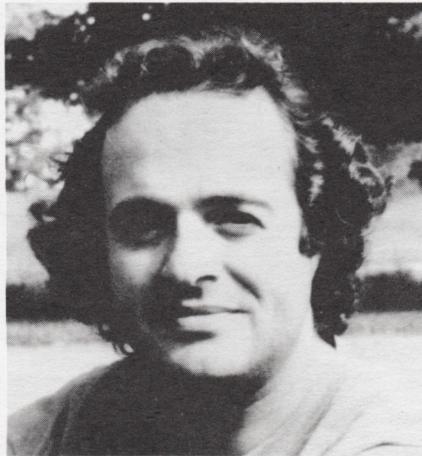
Robbie, as he prefers to be called, began his affiliation with the Center in 1987 while conducting a fifteen-country study of children's dreams and fears of a nuclear holocaust. Today, the Center continues to support his work through co-sponsorship of a series of international conferences he is convening to examine the rise of xenophobia as a worldwide psychological problem.

Psychology and Politics

Xenophobia has long been understood as one of the key political foundations of nationalism. These conferences will advance our understanding of the psychological underpinnings driving xenophobia — fear — and will offer new insight into how to address this underlying fear motivating xenophobic violence.

Fear, and the hatred that usually accompanies fear, reduce “the other” to an easy target by both generalizing and magnifying all associated negativity. “Xenophobia is the primitive fear of the unfamiliar,” says Bosnak, “and a powerful reflection of the connection between psychology and politics. With xenophobia the fear of the other is so great that the only way to reduce that fear is to attack the other. The unfamiliar can be that dreadful.”

The Xenophobia Conferences begin this month in Amsterdam, and will be followed by conferences in Russia in 1995, and Budapest and Berlin in 1996. Attendees will include influential academics, policy makers, and press from around the world. The Xenophobia Conferences are similar to a prior series



An Interview with ROBERT BOSNAK

“We had started something and we could not afford to drop the ball. The intellectual community has a responsibility in the affairs of the world.”

Bosnak convened called “Facing Apocalypse.” In 1992 the second conference of that series was held. The meeting focused on facing the possibility of apocalyptic upheavals at the turn of the millennium, the role of charismatic leadership, and the “war between good and evil,” and had the participation of His Holiness the Dalai Lama, Prince Hassan of Jordan, and President Mikhail Gorbachev.

The motivation for these conferences and others like them stems from a conversation between Bosnak and Gorbachev in 1986, during which Gorbachev queried, “Why aren’t the world’s intellectuals doing anything?” It had, after all, been intellectuals who articulated the perestroika movement years before the policy came into effect. Says Bosnak in retrospect, “We had started something and we could not afford to drop the ball. The intellectual community has a responsibility in the affairs of the world.” The international conferences he organizes are one of the ways in which he has held true to that responsibility.

The Social Change of Psychology

Bosnak maintains that it is vitally important that psychology — both the way it is defined and practiced — be expanded beyond its northern European roots and culture. Psychology contains many cultural assumptions just as culture contains many psychological assumptions. If we are to broaden our psychology and apply it in global settings we must study other cultures’ psychology.” In pursuit of this goal Bosnak has spent the last several years teaching in Japan and learning about Japanese psychology.

“The Japanese have a much more feminine approach to their communication, similar to what Carol Gilligan has written about. As a culture, they tend to be more primarily connected in community, as opposed to the Western notion of being identified as an individual. The Japanese paradigm of communication — less verbal, less explicit, more intuitive and vague — has benefits we can learn from in the West.”

In addition to Japan, Bosnak also teaches in Russia, Australia, Europe, and across the United States. As editor of the popular Russian magazine *Psychology for Everyone*, he makes psychology accessible and understandable to a popular audience. He is also the author of the book, *Dreaming with an AIDS Patient*, which became a popular play and is in production as a portion of a documentary. This, along with his book *A Little Course in Dreams*, was the subject of a television special, *The Power of Dreams*, which aired on the Discovery Channel June 19.

It is astounding to consider that, in addition to all the conferences, traveling, teaching, and writing he does, Bosnak still has the time and dedication to maintain a private practice. “My clients know that I am available forty weeks of the year, and the other twelve I teach and travel.”

We at the Center are pleased to welcome Robert Bosnak to the board. In addition to his rich background linking psychology and social change, we particularly appreciate the perspective he brings about the Center. “I feel our name, the Center for Psychology and Social Change, says two important things: that we study social change and help bring positive changes into the world, and that we are also about the social change of psychology.”

ECOPSYCHOLOGY: NEW MODELS OF MENTAL HEALTH IN PSYCHOTHERAPY

September 27 – December 13, Tuesdays, Noon to 2 pm

The Ecopsychology course, taught by Drs. Sarah and Lane Conn, continues to evolve and expand even after six years of teaching it. The twelve-week course was filled to capacity last spring and we are pleased to offer it again this fall on Tuesdays, from noon to 2 pm, September 27 to December 13. The fee for the course is \$500 which includes a very comprehensive set of readings related to the course. We also accommodate those seeking a sliding scale by offering a reduced course fee in exchange for volunteer hours at the Center.

As a developing body of theory and practice, ecopsychology bridges the split between humanity and the Earth, mind and nature, psychology and ecology. Ecopsychology connects the Earth with the humans who reside in it, and helps us see the needs of the person and the needs of the Earth as interrelated and interdependent.

This course has immediate application for those in the mental health field, activists, social change agents, educators, writers, and community leaders. To register or to receive further information on volunteering, speak with Mary Ellen at the Center, (617) 497-1553.

Ecopsychology bridges the split between humanity and the Earth, mind and nature, psychology and ecology.

Comments from those who have taken the course:

"What I valued most about the course was the creative, experiential approach — the holistic context, and getting connected to others working in psychotherapy."

"Taking this course was for me an experience of a collaborative community balanced with structure and intuition."

"Stimulating, full, sensitive, exploratory! It was an exposure to new ideas and experiences and to a broad variety of lenses..."

"A sharing, somewhat experiential course giving you an opportunity to sense your larger spiritual identity. Directed primarily towards people active in psychotherapy but of value for all!"

"Great! A refreshing of iconoclasm combined with a caring attitude!"

"The readings are excellent!"

Psychology of Place (continued from front page)

human existence as fundamentally relational and bound to place; political scientists have shown how place and locatedness are essential to the formation and functioning of robust and vital communities; historians have chronicled the myriad, and often invisible ways in which individual and community life unravels as place-connections are disturbed; a landscape architect has developed and used methods that enable communities to articulate "the sacred landscape" of their towns and to use this in their planning process; and psychologists have shown the striking extent to which a stable sense of self depends on secure and enduring place-attachments.

Center researchers have been struck by how little cross-pollination exists between these fields and the lack of any integrative models that might bridge them, and by the strong, even urgent, desire expressed to have this integration happen. At the same time, Center researchers, in contact with small communities facing thorny development issues in places as diverse as Alaska and the New England region, have found a very strong need expressed for precisely this type of knowledge.

What is needed is a lucid and centralized body of work on the psychology of place that can help people and communities clarify their own place-related values, and express these to local, state, and federal agencies as well as other stakeholders. A psychology of place also offers insight into the processes by which people become disconnected from or attached to the lands that they are a part of, and gives guidance on methods for involving and activating people and communities for the long-term preservation of the natural resources they enjoy and depend upon.

Taking Action

In response to these needs, the Center has designed and begun a project to:

- Collaborate with researchers worldwide using facilitated electronic mail conferencing to extend and deepen an interdisciplinary survey of work relevant for a psychology of place.
- Draw on the preceding stage to convene a small working conference entitled "Defining a Psychology of Place," consisting of practitioners and theorists whose work appears central and imaginative to the field.
- Create and disseminate a handbook designed to help communities utilize existing knowledge and approaches when facing decisions that affect their communities. We will also provide consultation on the appropriate application of the handbook for specific situations.

The Center is now raising money for this project. If you are aware of foundations or individuals who might be interested in this project, or you would like to get involved in the project, please contact Vivienne Simon, executive director of the Center, (617) 497-1553.

Calendar of Events

July

- ◆ Consortium on Peace Research, Education, and Development July 8 — 10, *Neil Wollman, Anne Anderson, and others*, Howard University, Washington D.C., Institute for Conflict Analysis and Resolution (703) 273-4485/86.

The K-6 Peaceable Classroom July 11 — 15 or 18 — 22, Boston Area Educators for Social Responsibility (617) 492-8820.

The Sacred Source: Life, Death & the Survival of Consciousness July 15 — 17, *Raymond Moody, Joan Borysenko, Terry Tempest Williams, and many others*, Chicago, Institute of Noetic Science (317) 329-8445.

Whole Health Expo: The Abduction Experience, Mind/Body Healing, Nutrition and Metaphysics July 16 & 17, *Budd Hopkins, Medicine Story, and many others*, Mechanics Hall, Worcester, Massachusetts (413) 586-4269.

Infusing Conflict Resolution into the Secondary Curriculum July 18 — 20, Boston Area Educators for Social Responsibility (617) 492-8820.

Conflict Resolution in the Middle School July 27 — 29, Boston Area Educators for Social Responsibility (617) 492-8820.

Healing Journeys of the Body, Mind & Soul July 28 — 31, *Jean Shinoda Bolen, Margot Adler, Bernie Siegal, and others*, Brandeis University, Boston, Association for Humanistic Psychology (415) 346-7929.

Voices of the Earth Conference July 29 — 31, *Matthew Fox, Duane Elgin, Michael Exeter, and others*, Boulder, Colorado Sacred Earth Institute (800) 442-6768.

August

Ecopsychology and the Four Shields August 1 — 5, *Steven Foster and Meredith Little*, Boulder, Colorado Sacred Earth Institute (800) 442-6768.

Reverence for Life: Albert Schweitzer and Global Health from Lambaréné to the 21st Century August 2 — 6, *Eric Chivian and others*, New Haven, Connecticut, Albert Schweitzer Institute for the Humanities (203) 281-8926.

APA 102nd Annual Conference August 12 — 16, Los Angeles, APA (202) 336-5500.

5th Annual East Coast Deep Ecology Gathering Hosted by The Sacred Earth Network and Earthlands August 12 — 19, Petersham, Massachusetts, Earthlands (508) 724-3428.

September

International Conference of the Healing Process: Bereavement as a Healing Process September 9 — 11, *Stanislav Grof, Elisabeth Kubler-Ross, and others*, Montréal, Canada (514) 848-1133.

- ◆ Ecopsychology Workshop: The Self-Nature Connection September 17, 9:30am — 6pm, *Sarah Conn and Valerie Harris*, Wainwright House, Rye, New York (914) 967-6080.

Redefining Education: An Empowerment Weekend for Educators September 17 — 18, *Colin Garland, and Will Kiendzior, and others*, Petersham, Massachusetts, Earthlands and Raven Adventures (508) 724-3530.

- ◆ Ecopsychology: New Models of Mental Health and Psychotherapy September 27 — December 13, Tuesdays, noon to 2pm, *Sarah and Lane Conn*, Macht Auditorium, The Cambridge Hospital, Center for Psychology and Social Change (617) 497-1553.

- ◆ Center-sponsored activity or Center affiliates

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If you are on our mailing list chances are you were recently sent a letter asking you to become a member or to renew your membership. If you have not already done so, please see insert page of CenterPiece to become a member now.

We want to extend our thanks to all of our members for supporting our work and share with you what a few members had to say about being a member of the Center of Psychology and Social Change:

"Over many years, you've supported my hopes for the future with your mailings and forums. I am inspired by the Center's community of scholars working for world change through transforming the consciousness that guides our actions. By connecting me with people of vision, hope, action, and love you've provided me with sustenance in valuing and using these gifts in myself. Thanks!"

**Ariel Lublin, teacher and counselor
The Impact Project**

"The Center offers me hope for the world in a way that encourages me to think that I can contribute and make a difference. The Center educates me about the nature of the issues we face, and through professional education (such as ecopsychology) has helped prepare me to deal with these issues. The people I have met through the Center are stimulating, diverse, nurturing, and just beautiful."

**Gerry Bailey, Ph.D.
psychologist**

"I came to know the Center via attending the Conns' Ecopsychology course and volunteering my time at the Center's office. Every week I would approach the unassuming triple decker that houses the Center, and feel the pull to venture into the "center" of an amazing energy field of creativity and spontaneity. The best way I can sum up how I feel after every encounter is empowered and appreciated. The Center for Psychology and Social Change is a highly tuned force: a place of knowing, belonging, caring, honesty and complete integrity; in other words - womb-like."

**Jane Donnell
community activist**

If you would like to send us any comments about how you feel about your Center please send them to Mary Ellen or Heather.

**CENTER FOR PSYCHOLOGY AND SOCIAL CHANGE
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our expanded
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we're adding a
whole new section!**

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by becoming a member today!**

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